



**101 Ways to Bless Your Child's Heart**

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***Train up a child in the way he should go,  
And when he is old he will not depart from it.  
Proverbs 22:6***

1. I like you
2. I love you.
3. I like the person you are becoming.
4. I love spending time with you.  
Would you like to come with me when I \_\_\_\_\_?
5. I am so thankful God gave you to me!
6. I have noticed you are a good decision maker.  
You really thought \_\_\_\_\_ through.
7. If I were your age, we would be friends for sure!
8. I appreciate your willingness to \_\_\_\_\_.
9. I love your sense of humor.
10. I thought about you when I saw \_\_\_\_\_.
11. I wish you were with me when \_\_\_\_\_.
12. I missed you today when \_\_\_\_\_.
13. I know God has great plans for you!
14. I appreciate the way you help me \_\_\_\_\_.
15. I have confidence in your ability to figure this out.
16. I appreciate your respectful attitude.
17. I can count on you.
18. I was just telling (grandparent) how proud I am of you.
19. I noticed how you asked \_\_\_\_\_ about his/her day.  
I bet that made him/her feel good.
20. I love hearing about your day.
21. I look forward to seeing you walk through the door.
22. I love watching you and (sibling) play (hangout, spend time) together.
23. I see Jesus in you.
24. My heart sings when you hug me.

25. The best part of my day is spending time with you.
26. It makes me feel happy when you are with me.
27. This project is quality work. I bet that feels good to give your best effort.
28. Thank you for\_\_\_\_\_.
29. Thank you for doing\_\_\_\_\_. You are responsible.
30. Thank you for helping me with\_\_\_\_\_.  
You are considerate.
31. Listening to you sing makes me so happy.
32. You make me smile.
33. You made God smile when you\_\_\_\_\_ today.
34. You give the best hugs.
35. You are so brave. I noticed how you\_\_\_\_\_.
36. You have a lot of patience.  
You really took your time with\_\_\_\_\_.  
Thanks for remembering \_\_\_\_\_.
38. Your laugh is contagious.
39. You make me laugh.
40. You are amazing. When I was your age,  
I would never have been able to \_\_\_\_\_.
41. You have a big heart.
42. You have a gentle soul.
43. You are special.
44. You are important.
45. Your life impacts others.
46. You did this all on your own. Wow! Impressive.
47. You are a blessing to me and to your (mom/dad).
48. You are so smart. How did you come up with that?



49. You really hung in there when the going got tough.  
You know how to persevere.
50. You are honest. Honesty is usually not convenient  
and often costs something. But it is always worth it.
51. You are truthful and kind. What a great combination.
52. You are patient.  
You demonstrated patience when you\_\_\_\_\_.
53. You showed humility. You made \_\_\_\_\_ feel special.
54. You are courageous.  
You exhibited courage when you \_\_\_\_\_.
55. You are generous.
56. You are content.
57. You are organized.
58. You are a good friend.
59. You showed compassion when\_\_\_\_\_.
60. You have a good mind.  
You used it well when\_\_\_\_\_.
61. You showed respect for authority when \_\_\_\_\_.
62. You have leadership skills. You know your own mind.
63. Thanks for suggesting that. \_\_\_\_\_ was a great idea.
64. Your good manners make being with you a joy.
65. Even when it's hard, you are respectful.
66. You managed your frustration well when you\_\_\_\_\_.
67. You exercised self-control when \_\_\_\_\_.
68. You are so gentle with (pet, younger sibling).
69. You were unselfish when \_\_\_\_\_.
70. You are valuable (Luke 12:24).
71. You are loved.
72. You are a fellow citizen with the saints (Ephesian 2:19).
73. You can move mountains (Mark 11:22-23).
74. God created you for a special purpose.
75. God has gifted you with the talent of\_\_\_\_\_.

76. God has equipped you to \_\_\_\_\_.
77. When you stood up for what was right,  
God was cheering you on!
78. You showed maturity when you \_\_\_\_\_.
79. You are a child of the King!
80. You are diligent.
81. You have a great sense of humor.
82. It is so great you don't take things too seriously.
83. Your (brother, sister, grandparent) thinks you are special.
84. You are a good listener.
85. You are capable.
86. You are lovable.
87. You are God's gift to Christ (John 17:24).
88. You are cherished (Ephesian 3:29).
89. God chose you (1 Peter 2:9).
90. God delights in you (Zephaniah 3:17).
91. God says you were created in Christ for good works  
(Ephesian 2:10).
92. God sings over you (Zephaniah 3:17).
93. God is with you (Zephaniah 3:17).
94. God rejoices over you (Zephaniah 3:17).
95. God will guard you (2 Timothy 1:12).
96. God will guide you (Psalm 48:14).
97. God will help you (Isaiah 44:2).
98. God equips you (2 Timothy 3:16-17).
99. God created you in His image (Genesis 1:27).
100. God will never leave you (Hebrews 13:5).
101. God loves you (John 3:16).

*Affirmations are declarations of the truth.  
They may be related to a relationship, a skill set,  
an observable character trait, or a promise of God.*

Lori is available for speaking, parent coaching-consulting, or leading parent workshops or seminars. For more information about 1 Corinthians 13 Parenting or Lori Wildenberg go to [www.1Corinthians13Parenting.com](http://www.1Corinthians13Parenting.com) or [www.loriwildenberg.com](http://www.loriwildenberg.com)

