

# Intentional Acts of Love for Lent

## from 1 Corinthians 13 Parenting

Lent is 40 days of anticipation and contemplation. Easter is a day of celebration! Love is the greatest power in the universe and cannot be quantified or qualified. A toddler stretching his arms wide saying, “*Mommy, I wuv you dis much!*” mimics our Savior who spread His arms wide on the cross because *HE LOVES US THAT MUCH!*

Typically to observe Lent, a sacrifice is made: giving up sweets, coffee, television. Instead of choosing not to have a certain food or participate in a certain activity, add intentional acts of love to your day, both to God and others.

How does Jesus want us to love?

***Jesus replied, “The most important commandment is this: ‘Listen, O Israel! The Lord our God is the one and only Lord. And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.’ The second is equally important: ‘Love your neighbor as yourself.’ No other commandment is greater than these.” Mark 12:29-31***

**How do we love God?** With everything we’ve got...heart, soul, mind, and strength. Take time each day to love God in prayer, worship, service, and Bible study.

**How are we to love our neighbor as ourselves?** Little children are literal thinkers. They will look next door to their actual neighbors, which is good! Teens and tweens may have a more global thought as to the definition of a neighbor. Help kids of all ages shrink their circle to include family members and expand the circle to include “neighbors” down the street, the elderly at church, teachers, lonely kids at school, the school custodians, the principal, coaches, and others they interact with daily.

At a family meeting, brainstorm acts of service and loving words that can be shared with others. Print an Intentional Acts of Love for Lent calendar for each child. Both little kids and big kids calendars are attached. Talk about how you and your children can show your love of God and others tangibly each day.

**During Lent, let’s be as deliberate as Jesus in the way we love others.** With LOVE this great as our example, how can we not love one another extravagantly, purposefully, and completely? After 40 days, loving others intentionally will be a habit!



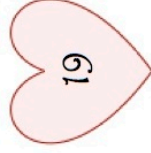
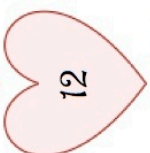
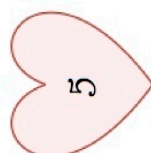
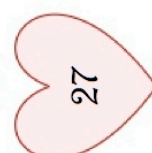
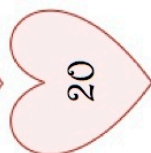
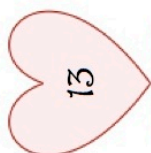
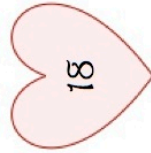
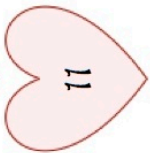
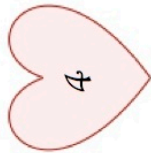
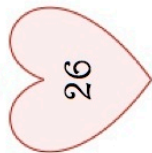
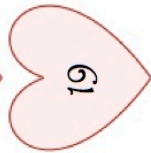
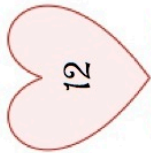
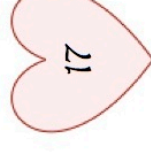
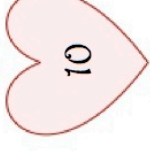
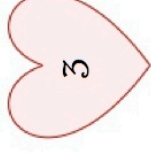
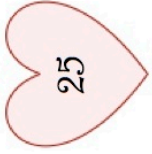
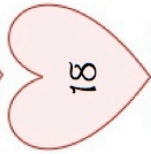
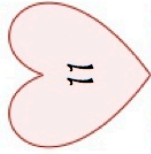
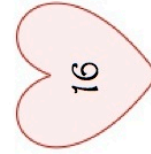
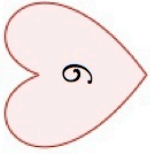
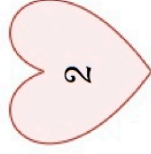
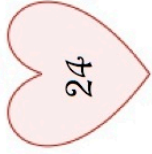
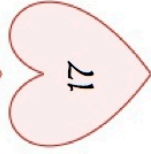
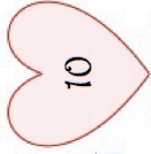
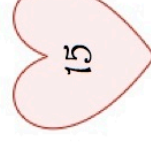
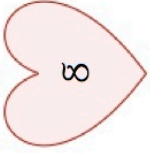
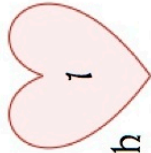
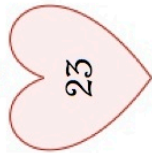
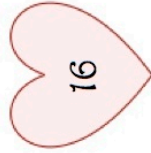
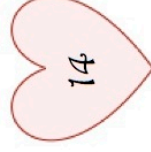
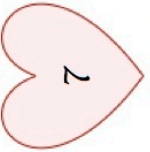
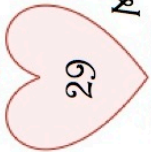
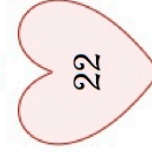
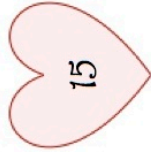
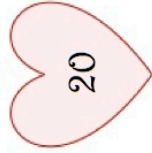
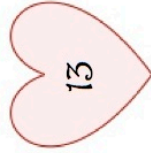
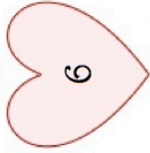
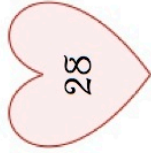
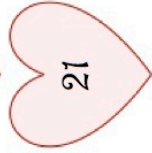
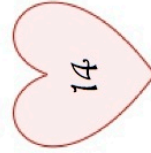
# Intentional Acts of Love for Lent

\_\_\_\_\_’s Love List

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Place a small heart sticker over the hearts for each act of love.

February



Count the hearts! \_\_\_\_\_ did \_\_\_\_\_ acts of love during Lent!

## Intentional Acts of Love for Lent

Date	Words or Actions
February 10	_____
February 11	_____
February 12	_____
February 13	_____
February 14	_____
February 15	_____
February 16	_____
February 17	_____
February 18	_____
February 19	_____
February 20	_____
February 21	_____
February 22	_____
February 23	_____
February 24	_____
February 25	_____
February 26	_____
February 27	_____
February 28	_____
February 29	_____
March 1	_____
March 2	_____
March 3	_____
March 4	_____
March 5	_____
March 6	_____
March 7	_____
March 8	_____
March 9	_____
March 10	_____
March 11	_____
March 12	_____
March 13	_____
March 14	_____
March 15	_____
March 16	_____
March 17	_____
March 18	_____
March 19	_____
March 20	_____