

For fifteen years we have witnessed hockey stick growth in anxiety and depression among children. The average child aged 9-17 scores as high on anxiety scales as those admitted for inpatient psychiatric treatment in the 1950's. Though it's now considered "normal", suicide has become the second leading cause of death for 15-29 year olds. Something must be done. Please prayerfully consider joining what we hope will become a grass roots movement of mothers and grandmothers to seek God for deliverance throughout the year 2020.

Sources: Juliet Schor, Sociology, Boston University • World Health Organization

## THREE EASY WAYS TO PARTICIPATE

*On November 4, 2019 one mother/grandmother was burdened by the growth in anxiety, depression, and suicide. God inspired her to "mobilize an army of mothers in the way that Jehoshaphat sought God's deliverance for the nation of Judah." You can participate in this army in one of these ways.*

### 1 • Set yourself to seek the Lord in 2020.

*Based on II Chronicles 20:3; Matthew 22:37*

**Align your life to love the Lord with all your heart, mind, & soul this year.**

### 2 • Fast and ask others to join you.

*Based on II Chronicles 20:3; Isaiah 58:6*

**Fasting breaks spiritual bondage. Set aside a period of time to fast in whatever manner and for as long as God leads you. Invite others to fast, too.**

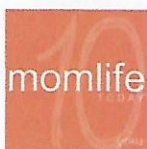
### 3 • Cry out in prayer together for one hour.

*Based on II Chronicles 20:6-12; Matthew 18:20*

**When two or more are gathered, God is with them. Invite a minimum of three mothers and grandmothers to join you for a maximum of one hour. Use the other side of this sheet to guide your prayer time.**

## MINISTRIES & LEADERS PARTICIPATING

*On January 9, 2020 the first one hour prayer gathering occurred. These individuals and representatives from these ministries participated. We are not seeking to promote our ministries or names, but desire to give credence to this important prayer work.*



Kimberly Wagner  
Sarah Walton  
Erin Davis  
Maria Narji  
Mary Kassian  
Dannah Gresh  
Sally Burke